ABSTRACT


Keywords: Literature, Psychology, personality

Literature is usually known as a creative and imaginative human’s activities. Therefore, sometimes literature is established by the authors through the phenomenon of public life, for example in the case of psychology. This psychological problems has a relationship with psychological approach that focuses on investigating human behavior in their daily lives. Novel If I Stay by Gayle Forman selected by the writer to analyze the psychological and personality problems that is experienced by the main character. This study is aimed to find out two points; 1) knowing the psychology of the main character with her personality and 2) factors that affect the personality of the main character.

Sigmund Freud’s theory is used in this study to explain about psychoanalysis. Psychoanalysis theory helps people to understand the differences in personality and psychiatric, begin from the strange personality to normal personality with id, ego and superego. Personality is formed naturally, according to the place where he lived, from the beginning of the baby born. Explanation of social contribution and role of culture shown very important in the formation of a personality.

In analyzing the data, the writer uses qualitative method to interpret the data descriptively because qualitative method focus to contextual factor. The data is taken from a novel Gayle Forman’s novel If I Stay.

Mia as the main character in this novel she is struggling to stay alive although anxiety and nervousness over control herself and Mia’s id bring her to satisfying herself but the ego gives the real situation because she is in coma finally superego can controlled the id and the ego. Human’s personality affected by several factors such as heredity, culture and environment that can make personality and it can change human’s behavior.

The results of this study shows that this novel relates to psychological problems are shown to the main character. The pressure experience by the main character so severe that she had to choose continue fighting for live or die with his family, this choice is very difficult and very depressed for her but finally she can survive because there are many people care to her and always give the spirit.