

Abstrak

Perilaku seksual pranikah pada remaja merupakan isu penting yang memerlukan perhatian khusus. Penelitian ini bertujuan untuk mengetahui pengaruh kelekatan orang tua dan spiritualitas terhadap perilaku seksual pranikah pada remaja. Penelitian menggunakan metode kuantitatif dengan desain kausalitas. Penelitian melibatkan 244 siswa kelas X dan XI SMA X Karawang yang dipilih melalui teknik *proportionate stratified random sampling*. Instrumen penelitian meliputi *Inventory of Parent and Peer Attachment (IPPA)*, *Daily Spiritual Experience Scale (DSES)*, dan *Adolescent Clinical Sexual Behavior Inventory (ACSBI-S)*. Analisis data menggunakan regresi linier berganda yang sebelumnya telah melewati tahap pengujian asumsi klasik. Hasil penelitian menunjukkan bahwa kelekatan orang tua berpengaruh negatif terhadap perilaku seksual pranikah ($0,000 < 0,05$), dan spiritualitas juga berpengaruh negatif terhadap perilaku seksual pranikah ($0,011 < 0,05$). Secara simultan, kelekatan orang tua dan spiritualitas berpengaruh negatif terhadap perilaku seksual pranikah ($0,000 < 0,05$) dengan kontribusi sebesar 14,8%. Dengan demikian, semakin tinggi kelekatan orang tua dan spiritualitas, semakin rendah kecenderungan remaja terlibat dalam perilaku seksual pranikah.

Kata Kunci : *Kelekatan Orang Tua, Spiritualitas, Perilaku Seksual Pranikah, Remaja.*



Abstract

Premarital sexual behavior among adolescents is an important issue that requires special attention. This study aims to examine the influence of parental attachment and spirituality on premarital sexual behavior among adolescents. The research employed a quantitative method with a causal design and involved 244 students of grade X and XI from SMA X Karawang, selected through proportionate stratified random sampling. The research instruments included the Inventory of Parent and Peer Attachment (IPPA), Daily Spiritual Experience Scale (DSES), and Adolescent Clinical Sexual Behavior Inventory (ACSBI-S). Data analysis was conducted using multiple linear regression after passing the classical assumption tests. The results showed that parental attachment had a negative effect on premarital sexual behavior ($0.000 < 0.05$), and spirituality also had a negative effect on premarital sexual behavior ($0.011 < 0.05$). Simultaneously, parental attachment and spirituality had a negative effect on premarital sexual behavior ($0.000 < 0.05$) with a contribution of 14.8%. Thus, the higher the parental attachment and spirituality, the lower the tendency of adolescents to engage in premarital sexual behavior.

Keywords : Parental attachment, spirituality, premarital sexual behavior, adolescents.

