

ABSTRAK

Penelitian ini bertujuan untuk mengetahui pengaruh *grit* dan *social support* terhadap *academic achievement* mahasiswa Psikologi UIN Sunan Gunung Djati Bandung. Penelitian ini menggunakan pendekatan kuantitatif dengan pengumpulan data melalui penyebaran survei dan pelaksanaan asesmen *academic achievement* pada semester 3, 4, 5 dan 6 pada mahasiswa angkatan 2022. Analisis data dilakukan dengan teknik regresi untuk mengetahui pengaruh *grit* dan *social support* serta mengidentifikasi *academic achievement*. Subjek penelitian berjumlah 184 mahasiswa Psikologi angkatan 2022 UIN Sunan Gunung Djati Bandung. Instrumen yang digunakan *Grit Scale* untuk mengukur ketekunan usaha dan konsistensi minat individu dalam mencapai tujuan jangka panjang, *Multidimensional Scale of Perceived Social Support* (MSPSS) untuk mengukur *social support*. Hasil penelitian menunjukkan bahwa *grit* dan *social support* berpengaruh signifikan terhadap *academic achievement*. Penelitian ini menegaskan pentingnya *grit* dan *social support* dalam meningkatkan *academic achievement* pada mahasiswa psikologi UIN Bandung.

Kata Kunci : *grit, social support, academic achievement*



ABSTRACT

This study aims to examine the influence of grit and social support on the academic achievement of Psychology students at UIN Sunan Gunung Djati Bandung. The study employed a quantitative approach, with data collected through surveys and academic achievement assessments based on students' Grade Point Average (GPA) from semesters 3, 4, 5, and 6 of the 2022 cohort. Data were analyzed using multiple regression analysis to examine the effects of grit and social support on academic achievement. The participants consisted of 184 Psychology students from the 2022 cohort at UIN Sunan Gunung Djati Bandung. The instruments used were the Grit Scale, which measures individuals' perseverance of effort and consistency of interest in achieving long-term goals, and the Multidimensional Scale of Perceived Social Support (MSPSS), which measures perceived social support. The findings indicate that grit and social support have a significant effect on academic achievement. This study highlights the importance of grit and social support in enhancing the academic achievement of Psychology students at UIN Sunan Gunung Djati Bandung.

Keywords: *grit, social support, academic achievement*

