

Abstrak

Istilah kelekatan (*attachment*) pertama kali dikemukakan oleh psikolog dari Inggris bernama John Bowlby pada tahun 1985. Santrock (2002) berpendapat bahwa *attachment* mengacu pada suatu relasi antara dua orang yang memiliki perasaan yang kuat satu sama lain dan melakukan banyak hal bersama untuk melanjutkan relasi itu. Dalam bahasa psikologi perkembangan, *attachment* adalah adanya suatu relasi antara figur sosial tertentu dengan suatu fenomena tertentu yang dianggap mencerminkan karakteristik relasi yang unik. Selain itu, *attachment* juga didefinisikan sebagai ikatan emosional yang kuat antara bayi dan pengasuhnya. Penelitian dilakukan dengan tujuan untuk melihat gambaran *attachment* pada orangtua yang menitipkan anak di *daycare*. Rancangan penelitian ini adalah kualitatif dengan jumlah subjek satu orang, metode pengumpulan data menggunakan wawancara dan observasi. Berdasarkan hasil penelitian menunjukkan bahwa gambaran *attachment* pada subjek A meliputi ketujuh aspek *attachment* yaitu, aspek *sensitivity*, aspek *acceptance*, aspek *cooperative*, aspek *accessibility*, aspek *interfering*, aspek *ignoring*, aspek *insensitivity*.

Kata Kunci : *attachment*, orangtua



Abstract

The term attachment (attachment) was first put forward by a psychologist named John Bowlby in 1985. Santrock (2002) argues that attachment refers to a relationship between two people who have strong feelings for each other and do many things together to continue the existence of a relationship between certain social figures and a certain phenomenon that is considered to reflect the unique characteristics of the relationship. In addition, attachment is also defined as a strong emotional bond between the baby and his carer.

The study was conducted with the aim of looking at the description of attachment to parents who entrust their children to daycare. The design of this research is qualitative with the number of subjects one person, data collection methods using interviews and observations. Based on the results of the study, it shows that the descriptions of attachment to the subject includes the seven aspects of attachment, namely, the aspect of sensitivity, the aspects of acceptance, the aspects of cooperative, the aspects of accessibility, the aspects of interfering, the aspects of ignoring, the aspects of insensitivity.

Keywords : *attachement, parents*

