

Abstrak

Permasalahan mengenai mahasiswa yang kuliah sambil bekerja *part-time* dimanapun biasanya menimbulkan konflik peran sebagai mahasiswa atau pekerja. Dalam ilmu Psikologi, konflik peran tersebut dikenal dengan *work-study conflict*. *Works-study conflict* kerap dialami oleh beberapa mahasiswa yang bekerja *part-time*, khususnya hal ini dialami oleh mahasiswa di Universitas Pelita Bangsa. Oleh karena itu, penelitian ini bertujuan untuk mengetahui pengaruh dari manajemen waktu dan *self-efficacy* terhadap *work-study conflict* mahasiswa yang bekerja *part-time*. Desain penelitian yang digunakan adalah kuantitatif dengan pendekatan kausalitas. Sebanyak 111 mahasiswa yang bekerja *part-time* bersedia secara sukarela menjadi partisipan penelitian ini, yang didapatkan dengan teknik *purposive sampling*. Hasil penelitian menunjukkan nilai $F = 0.818$ dan $p\text{-value} = 0.444 > 0.05$, artinya tidak terdapat pengaruh dari manajemen waktu dan *self-efficacy* terhadap *work-study conflict*. Penelitian ini pun menyarankan variabel-variabel psikologi lainnya untuk diujikan perannya terhadap *work-study conflict*.

Kata Kunci : *work-study conflict*, manajemen waktu, *self-efficacy*, mahasiswa bekerja..

Abstract

Problems regarding students studying while working part-time anywhere usually lead to role conflicts as students or workers. In psychology, this role conflict is known as work-study conflict. Work-study conflicts are often experienced by some students who work part-time. In particular, this is experienced by students at Pelita Bangsa University. Therefore, this study aims to determine the effect of time management and self-efficacy on the work-study conflict of part-time students. The research design used is quantitative with a causal approach. A total of 111 students who work part-time are willing to voluntarily become participants in this study, which was obtained by purposive sampling technique. The results showed that the F value = 0.818 and p -value = 0.444 > 0.05, meaning there was no effect of time management and self-efficacy on work-study conflict. This study also suggests other psychological variables to be tested for their role in the work-study conflict.

Key Word : *work-study conflict, time-management, self-efficacy, college student.*

