

CHAPTER I

INTRODUCTION

This chapter deals with the background, statement of problem, research of objective, research significance, definition of key term and organization of writing.

1.1 Background

In general, almost all people want to be happy and lead a pleasant and comfortable way of life all of their lives. Many problems come and make people uncomfortable and anxious. Sometimes, people can solve their problem but most of them feel that rest fewer nesses often times leads them into confusion. Confusion is a sense in which one must choose something that should they decide to give a decision to say "yes" or "no ". However, sometimes it's also a decision that causes them to feel anxious and worried over what they take. They worried whether their choice is correct and can make them happy or whether it turns out they are wrong in making decisions.

The human conflicts not only appear in daily life, but it is also reflected to the literary work especially in novel. A novel is a piece of literary work provides not only an interesting narrative featuring philosophical value and moral teaching but also a lesson about various aspects of life. Kennedy (2007:43) says that a “novel is a book, length story in prose, whose author tries to create the sense that while we read, we experience actual life”. In literature, an author can describe various aspects of life in their feelings and experiences. Generally, literature can

be defined as the reflection or the expression of human's life. In our daily life, we can find many literary works such as, prose, poem, short story, and novel. Alfian (2014:2) said that "using literary work, author can express his views about life around him". Therefore, appreciate literature means trying to find the value of life which reflected in the work.

One of literary works that is a novel which has reflection of human life is a novel *Accident* by Danielle Steel. *Danielle Steel* was one of the notable authors of the phenomenon that can happen in real life. Steel turned to writing in the early 1975. Her novels have been on the New York Times Best Seller list over 40 countries across of the globe. One of her novel is *Accident*. *Accident* is the most enduringly successful serious novel, one bestseller international which has publishing in 1994. *Accident* is one of the novels that make the readers startled, and they couldn't imagine that there is a novel about tragic, sad, intrigues or values of life itself, and miserable story in one book. *Accident* is one of literary works that can be analyzed using the psychological approach. In *Accident*, Danielle Steel illustrates that the main character has effect of depression like fear of loss of her daughter's life, as a wife and mother, the main character was depressed because of her husband betrayal and tragic accident of her daughter. The accident made her teenage daughter was nearly dead. The main character was a normal woman, but she became depressed since she has lost everything in her life. The main character as a mother was constantly terrified by the tragic accident and stressful life events appears to play some role here. She had anxiety about

everything in her life, especially to her teenage daughter life, Allyson. Page Clarke had trauma of loss and she always worried about problems existed within her family. Page suddenly panicked what she must to do. She felt their relationship was empty. She did not expect anything

In the analysis, the writer is interested in analyzing the main character in *Accident* novel, which is Page Clarke because from the psychological point of view, she does not have a normal wife or mother such another woman. She was lonely mother. She needs to be loved by her husband and parents. In the psychoanalysis study, the unfulfilled needs the main character in her daily lives becomes threats and challenges. These threats and challenges produce anxiety inside them.

Anxiety has close relationship with human being. Everybody gets problems in their daily life that makes them anxious. Anxiety may occurs from internal and external factor. The internal factor caused by the contradiction of id, ego and superego, meanwhile the external factor comes from environment. In relation to anxiety, Minderop alsp (2010) stated,

Anxiety is the situation which threats man's safety and it influence to man's condition. The anxiety is also caused by conflict, oppresion and frustration of man which gets obstacles when man tries to pursuit her dream, in addition, the anxiety is not only physical but also psychology. As usual, this condition is portrayed s uncofortable feeling like afraid, fear or unhappy

Anxiety relates to defense mechanism because someone who feel anxious will reduce his or anxiety by using the defense mechanism, defense mechanism is various tehniques that are used by the ego to control his anxiety. People usually

use defense mechanisms to cope with his anxiety but they do it unconsciously. (Barger 2004)

There are two previous studies about the same object of this thesis, both are, *An Analysis of Allyson's Accident in Danielle Steel's "Accident"* by Laksmandari (2006). This thesis talks about Allyson's accident that involved with alcohol and youth, where take lessons from it and use it to anticipate the same trouble as the character has in the novel. The second previous studies found the by researcher is *The readers Response to the Psychological Conflict in Danielle Steel's "Accident"* by Pramesti (2010). This thesis talks about identifying the psychological conflicts and identifying the kinds of reader's emotion in reading the psychological conflicts in Danielle Steel's *"Accident"*.

Different from the previous researches above, the analysis of this research focused on the main character anxiety in accident and issues that befell to her family, by using Freud's Psychoanalytic theory especially the theory of anxiety and defense mechanism. After that the writer intends to analyze the causal factor that causes the main character anxiety, so that she uses the defense mechanism to reduce it, has as different concept from previous above. This research entitled *Anxiety and Defense mechanism in main character of Danielle Steel novel's Accident*.

1.2 Statement of Problem

Based on the background above in this research, the researcher intends analyze to anxiety and defense mechanism used by main character that is Page

Clarke, because that anxiety and defense mechanism become the main problems in this novel. This research discusses the analysis of two questions, as follows:

1. What makes the main character anxious?
2. How does the main character apply the defense mechanism to cope with her anxiety?

1.3 Research Objective

Based on the questions above, the researcher takes a purpose of signification of the research, they are.

1. To know what makes the main character anxious.
2. To understand how the main character applies the defense mechanism to cope with her anxiety.

1.4 Research Significance

The results of this research are expected to bear values both theoretically and practically.

1. Theoretically

To enrich the knowledge about anxiety and defense mechanism as literary device in literary work and give example of anxiety and defense mechanism as literary device is applied in analyzing a literary work.

2. Practically

To give some references to other researchers that want to write a thesis, paper, journals, etc. related with anxiety, defense mechanism and give

knowledge about anxiety and defense mechanism as literary device to the students, especially literature students.

1.5 Definition of Key Term

In order to avoiding misunderstanding and misinterpretation of words in this research, the researcher explains essential terms which are related to this research there are:

1.5.1 Psychoanalysis

Psychoanalysis itself is a form of therapy which aims to cure mental disorders “by investigating interaction of conscious and unconscious elements in the mind.

1.5.2 Anxiety

Anxiety is a painful emotional experience and representing a threat or danger to the organism, sometimes when people get a problem they will feel anxious and threatened.

1.5.3 Defense Mechanism

Defense mechanisms are the devices that ego defends itself against conflicts and anxieties by forcing unpleasant thoughts and impulses to the unconscious level.

1.6 Organization of Writing

This paper is divided into five chapters to analyze anxiety and defense mechanism in main characters of Danielle steel novel’s *Accident*.

Chapter one is introduction, consist of background of problem, statement of problem, purpose and significance of research and organization of writing.

Chapter two is theoretical foundation consist of psychology in literature, psychoanalysis theory of personality, psychoanalysis theory of anxiety, defense mechanisms.

Chapter three is methodology of the research, consist of method of research, the data,source of data, the technique of collecting data and ends with the technique of analyzing data.

Chapter four is finding and discussion consist of an analysis about what makes main characters anxious, how do main characters apply the defense mechanism to cope with her anxiety. The last chapter is Conclusion and Suggestion.

