

## Daftar Pustaka

- Aiken, L. R. (1980). Content validity and reliability of single items or questionnaires. *Educational and Psychological Measurement*, 40(4), 955–959.  
<https://doi.org/10.1177/001316448004000419>
- Amanda, L., Yanuar, F., & Devianto, D. (2019). Uji Validitas dan Reliabilitas Tingkat Partisipasi Politik Masyarakat Kota Padang. *Jurnal Matematika UNAND*, 8(1), 179. <https://doi.org/10.25077/jmu.8.1.179-188.2019>
- Arnett, J. J. (2013). *Adolescence and emerging adulthood: a cultural approach / Jeffrey Jensen Arnett. —5th ed.*
- Brumbaugh, M. A., & Guilford, J. P. (1943). Fundamental Statistics in Psychology and Education. *Journal of the American Statistical Association*, 38(222), 266.  
<https://doi.org/10.2307/2279562>
- Cochran, G. W. S. W. G. (1997). *Statistical Methods Eight Edition. New York: John Wiley & Sons.*
- Cohen, S., Kamarck, T., & Mermelstein, R. (1983). A global measure of perceived stress. *Journal of Health and Social Behavior. Journal of Health and Social Behavior*, 24(4), 385–396.
- Cohen, S., & Williamson, G. M. (1991). Stress and infectious disease in humans. *Psychological Bulletin*, 109(1), 5–24. <https://doi.org/10.1037/0033-2909.109.1.5>
- Creswell, J. W., & Creswell, J. D. (2018). Mixed Methods Procedures. In *Research Design: Qualitative, Quantitative, and Mixed Methods Approaches*.
- Cross, S. E., & Madson, L. (1997). Models of the self: Self-construals and gender. *Psychological Bulletin*, 122(1), 5–37. <https://doi.org/10.1037//0033-2909.122.1.5>

- Davis, S. L. C. (2007). Understanding cats. *Health Information & Libraries Journal*, 18(2), 130–132. <https://doi.org/10.1046/j.1471-1842.2001.d01-3.x>
- Denovan, A., Dagnall, N., Dhingra, K., & Grogan, S. (2019). Evaluating the Perceived Stress Scale among UK university students: implications for stress measurement and management. *Studies in Higher Education*, 44(1), 120–133. <https://doi.org/10.1080/03075079.2017.1340445>
- Febriani, A. A. (2021). *Hubungan Antara Kelekatan Terhadap Kucing Peliharaan Dengan Stres Dimasa Pandemi Covid 19*. 1–13.
- Folkman, S. (2020). Stress: Appraisal and Coping. In *Encyclopedia of Behavioral Medicine*. [https://doi.org/10.1007/978-3-030-39903-0\\_215](https://doi.org/10.1007/978-3-030-39903-0_215)
- Gamayanti, W. (2016). Gambaran Penerimaan Diri (Self-Acceptance) pada Orang yang Mengalami Skizofrenia. *Psymphatic : Jurnal Ilmiah Psikologi*, 3(1), 139–152. <https://doi.org/10.15575/psy.v3i1.1100>
- Garrity, T. F., Stallones, L. F., Marx, M. B., & Johnson, T. P. (1989). Pet Ownership and Attachment as Supportive Factors in the Health of the Elderly. *Anthrozoös*, 3(1), 35–44. <https://doi.org/10.2752/089279390787057829>
- Goh, Y. X., Tan, J. S. Q., Syn, N. L., Tan, B. S. W., Low, J. Y., Foo, Y. H., Fung, W., Hoong, B. Y. Da, Pang, J., Lim, Q. X., Wee, J., Ng, T. Y. M., Chow, H. H. E., Ng, Y. L., Chong, J. C., Yeo, C. Y., Tan, L. H. E., Sim, A. E. X., Abdurrahman, A. bin H. M., ... Yee, M. Y. F. (2020). Association between pet ownership and physical activity levels, atopic conditions, and mental health in Singapore: a propensity score-matched analysis. *Scientific Reports*, 10(1), 1–13. <https://doi.org/10.1038/s41598-020-76739-2>
- Hazan, C., & Shaver, P. (1987). INTERPERSONAL RELATIONS AND GROUP PROCESSES Romantic Love Conceptualized as an Attachment Process. *Journal of Personality and Social Psychology*, 52(3), 511–524.

- Hosey, G., & Melfi, V. (2014). Human-Animal Interactions, Relationships and Bonds: A Review and Analysis of the Literature. *International Journal of Comparative Psychology*, 27(1). <https://doi.org/10.46867/ijcp.2014.27.01.01>
- Janssens, M., Janssens, E., Eshuis, J., Lataster, J., Simons, M., Reijnders, J., & Jacobs, N. (2021). Companion animals as buffer against the impact of stress on affect: An experience sampling study. *Animals*, 11(8), 1–12. <https://doi.org/10.3390/ani11082171>
- Jia, Y. F., & Loo, Y. T. (2018). Prevalence and determinants of perceived stress among undergraduate students in a Malaysian university. *Journal of Health and Translational Medicine*, 21(1), 1–5.
- John Bowlby, M. D., & Honorary. (1982). *ATTACHMENT AND LOSS: Retrospect and Prospect John*. 52(October).
- Johnson, T. P., Garrity, T. F., & Stallones, L. (2015). *Psychometric Evaluation of the Lexington Attachment to Pets Scale ( Laps ) REPORTS PSYCHOMETRIC EVALUATION OF THE LEXINGTON ATTACHMENT*. 7936(September). <https://doi.org/10.2752/089279392787011395>
- Krause-Parello, C. A. (2012). Pet Ownership and Older Women: The Relationships Among Loneliness, Pet Attachment Support, Human Social Support, and Depressed Mood. *Geriatric Nursing*, 33(3), 194–203. <https://doi.org/10.1016/j.gerinurse.2011.12.005>
- le Roux, M. C., & Wright, S. (2020). The Relationship Between Pet Attachment, Life Satisfaction, and Perceived Stress: Results from a South African Online Survey. *Anthrozoös*, 33(3), 371–385. <https://doi.org/10.1080/08927936.2020.1746525>
- Lovibond, P. F. L. and S. H. (1993). THE STRUCTURE OF NEGATIVE EMOTIONAL STATES: COMPARISON OF THE DEPRESSION ANXIETY STRESS SCALES (DASS) WITH THE BECK DEPRESSION AND ANXIETY

INVENTORIES. *Medical and Biological Engineering and Computing*, 33, 336–342. <https://doi.org/10.1007/BF02511245>

- McConnell, A. R., Brown, C. M., Shoda, T. M., Stayton, L. E., & Martin, C. E. (2011). Friends with benefits: On the positive consequences of pet ownership. *Journal of Personality and Social Psychology*, 101(6), 1239–1252. <https://doi.org/10.1037/a0024506>
- Meehan, M., Massavelli, B., & Pachana, N. (2017). Using Attachment Theory and Social Support Theory to Examine and Measure Pets as Sources of Social Support and Attachment Figures. *Anthrozoos*, 30(2), 273–289. <https://doi.org/10.1080/08927936.2017.1311050>
- Muhson, A. (2006). TEKNIK ANALISIS KUANTITATIF. *Makalah Teknik Analisis II, 1–7.*, 14(3), 333–342. <https://doi.org/10.30598/barekengvol14iss3pp333-342>
- Mutammimah, I. (2019). Pet care centre di kota Malang. *Arsitektur, Institut Teknologi Nasional*, 1–17.
- Pachana, N. A., Massavelli, B. M., & Robleda-gomez, S. (2011). The Psychology of the Human-Animal Bond. *The Psychology of the Human-Animal Bond*, 151–165. <https://doi.org/10.1007/978-1-4419-9761-6>
- Rafidah, K., Azizah, A., Norzaidi, M. D., Chong, S. C., Salwani, M. I., & Noraini, I. (2009). Stress and Academic Performance: Empirical Evidence From University Students. *Academy of Entrepreneurship Journal*, 15(1), 37–51. <http://search.ebscohost.com/login.aspx?direct=true&db=buh&AN=44324243&site=ehost-live>
- Rena, S. (2019). Mekanisme Respon Stres: Konseptualisasi Integrasi Islam Dan Barat. *Psikis : Jurnal Psikologi Islami*, 5(1), 48–61. <https://doi.org/10.19109/psikis.v5i1.3116>

- Sable, P. (2012). The Pet Connection: An Attachment Perspective. *Clinical Social Work Journal*, 41(1), 93–99. <https://doi.org/10.1007/s10615-012-0405-2>
- Saleh Baqutayan, S. M. (2011). The Importance of Religious Orientation in Managing Stress. *International Journal of Psychological Studies*, 3(1). <https://doi.org/10.5539/ijps.v3n1p113>
- Schiffirin, H. H., & Nelson, S. K. (2010). Stressed and happy? Investigating the relationship between happiness and perceived stress. *Journal of Happiness Studies*, 11(1), 33–39. <https://doi.org/10.1007/s10902-008-9104-7>
- Smith, B., Thompson, K., Clarkson, L., & Dawson, D. (2014). The prevalence and implications of human–animal co-sleeping in an Australian sample. *Anthrozoos*, 27(4), 543–551. <https://doi.org/10.2752/089279314X14072268687880>
- Smolkovic, I., Fajfar, M., & Mlinaric, V. (2012). Attachment to pets and interpersonal relationships. *Journal of European Psychology Students*, 3(1991), 15–23.
- Stammach, K. B., & Turner, D. C. (1999). Understanding the human-cat relationship: Human social support or attachment. *Anthrozoos*, 12(3), 162–168. <https://doi.org/10.2752/089279399787000237>
- Sugiyono, prof., D. (2013). Metode Penelitian Kuantitatif Dan Kualitatif Serta R&D. In *Alfabeta, CV* (Issue April).
- Wan, M., Kelemen, T. K., Zhang, Y., & Matthews, S. H. (2022). An island of sanity during COVID-19 pandemic: Does pet attachment support buffer employees' stress due to job insecurity? *Psychological Reports*, 126(6), 2621–2647. <https://doi.org/10.1177/00332941221109105>
- Yuwono, S. (2010). Mengelola Stres dalam Perspektif Islam dan Psikologi. *Jurnal Nasional UMP*, 8(2), 14–26.

Zilcha-Mano, S., Mikulincer, M., & Shaver, P. R. (2012). Pets as safe havens and secure bases: The moderating role of pet attachment orientations. *Journal of Research in Personality*, 46(5), 571–580.  
<https://doi.org/10.1016/j.jrp.2012.06.005>

